

RBCC Grilling 101



- Arrive at the Radnor Crew Tent by 10:30 am
- The set-up team will have put the grill out. You gather the grill utensils, cooking spray, foil pans and sheets for wrapping.
- Light the grill no later than 10:45 am
- Get the food (cheese, eggs, bacon, buns etc.) from the white cooler in the trailer if it's not already by the tent when you arrive.
- Look at the white board with posted race times, in the tent, to evaluate when you cook. Food should be ready approximately 1 hour after each race.
- Cook approx. 2 burgers per boy and 1 per girl. Include coaches.
- Someone should help you to wrap the burgers/buns in foil to keep them warm, as you cook them