

RBCC Rowing 101



A Novice Parent's Guide to Regatta Spectating

It's regatta season! For many new families, the sport of rowing can be confusing.

There is a new language and a lot to remember. We put together this guide to help you navigate race day!

We cover the following:

- What event is my child in?
- What boat is my child in?
- What seat is my child in?

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What Event Is My Child In?

- 1X = Single
- 2X = Double
- 2- = Pair
- 4X = Quad
- 4X+ = Coxed Quad
- 4- = Straight Four
- 4+ = Coxed Four
- 8+ = Eight

The number refers to the number of rowers in the boat.

A plus sign indicates a coxswain is in the boat.

An X refers to a sculling boat (two oars per athlete).

A- refers to a sweep boat (one oar per athlete) with no coxswain.

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What Boat Is My Child In?

Boats come in many colors.

Remember, all RBCC's boats are white with maroon lettering. Our oars are maroon.



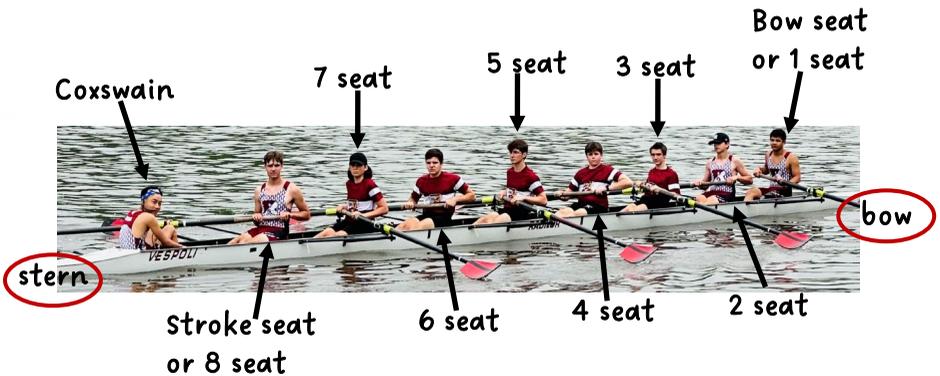
Our JV and Senior athletes race in a white and maroon unisuit and the novices in a maroon top and black bottoms.

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What Seat Is My Child In?

Front, back, port, starboard, bow & stroke are all terms your athlete will use. This is what it means.



The boat goes this way, and the kids face backwards. If your child is in bow seat, they may say they're in the back of the boat.

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Where Do I Learn More? **RADNOR BOYS CREW**

www.radnorboyscrewclub.com

www.regattacentral.com

www.row2k.com

We have a GroupMe chat for all parents.
Never hesitate to ask questions and chat.

Go Radnor Boys!!